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- **WHAT IS FEAR?**
  - **WHERE DOES IT COME FROM?**
  - **CAN YOU EVER BE FREE FROM IT?**
  - **HOW DO YOU GET RID OF IT?**

Polly counsels and mentors individuals and groups by helping them become empowered to overcome areas that keep them defeated. Throughout her 20+ years of experience, she has seen a common thread. There is a hidden root that lies deep within each person. What is this common denominator? It's FEAR! Fear is destructive, and when untreated, it becomes deadly. It can paralyze its victims, both physically and emotionally. It causes separation or detachment from relationships and responsibilities. Fear doesn't discriminate. It can attach itself to anyone. Whether you're afraid of the threat of world terror or simply afraid to be alone in the dark...FEAR is a killer. ARE YOU A TARGET?

- **DO YOU BITE YOUR NAILS?**
- **BATTLE WITH OVER-EATING?**
- **ALWAYS WORRY?**
- **CONSTANTLY SEEK THE APPROVAL OF OTHERS?**
- **NEED TO BE IN CONTROL?**
- **STRUGGLE WITH ADDICTIONS?**
- **HAVE LOW SELF-ESTEEM?**
- **CAN'T CONTROL YOUR TEMPER?**
- **WERE YOU ABUSED?**
- **DO YOU REPEAT THE SAME "DEAD-END" CYCLES?**

The underlying root to these and many other issues is fear. Although there are over 500 scientifically and medically documented phobias or fears, the good news is...YOU CAN BE FREE! There is an antidote, a cure for fear, and it is given to us by Almighty God. God knew we would face trials and situations that could cause us harm and bring fear. The Bible records over 365 verses that teach us how to never deal with fear and its effects again. Is it just a coincidence there's one for each day of the year? It isn't when you understand it has been God's plan from the very beginning for us to live fear-free.

When you read this book, you'll discover there is power and life in His Word. It will remove, cancel, and eliminate every form of fear, along with your past bondages. There is love, peace, and a great plan of destiny for you in these pages. If you or anyone you know battles with defeat, failure, and unresolved emotional issues, then the "Wisdom of the Ages" revealed in this book will finally set you free. Read it...and...DON'T BE AFRAID!

**Purchase Price: \$19.95**

■ **Customer Order: 1-800-681-6032**

■ **More Information: [www.dontbeafraid.info](http://www.dontbeafraid.info)**

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**PUBLISHERS NOTE:** The testimonies of the life-changing impact this book is having on readers are outstanding. We're hearing that most readers don't want to put it down. They read it through and then come back to enjoy the daily Word it provides. We are also hearing it is not only strengthening the faith of believers, but it's become a great evangelizing tool for them to use with their co-worker, neighbor, or spiritually hard to reach friend. Its down to earth approach makes God, His love, and His Word truly come alive....making a relationship with Him and the power to live free a believable reality to the reader.